
Part 14 Lifting and Handling Loads

Equipment

208(1) An employer must provide, where reasonably practicable, appropriate equipment for lifting, lowering, pushing, pulling, carrying, handling or transporting heavy or awkward loads.

(2) An employer must ensure that workers use the equipment provided under subsection (1).

(3) Workers must use the equipment provided for lifting, lowering, pushing, pulling, carrying, handling or transporting heavy or awkward loads.

(4) For the purposes of this section, a heavy or awkward load includes equipment, goods, supplies, persons and animals.

Adapting heavy or awkward loads

209 If the equipment provided under section 208 is not reasonably practicable in a particular circumstance or for a particular heavy or awkward load, the employer must take all practicable means,

- (a) to adapt the load to facilitate lifting, lowering, pushing, pulling, carrying, handling or transporting the load without injuring workers, or
- (b) to otherwise minimize the manual handling required to move the load.

Assessing manual handling hazards

210 Before a worker manually lifts, lowers, pushes, pulls, carries, handles or transports a load that could injure the worker, an employer must perform a hazard assessment that considers

- (a) the weight of the load,
- (b) the size of the load,
- (c) the shape of the load,
- (d) the number of times the load will be moved, and
- (e) the manner in which the load will be moved.

Musculoskeletal injuries

- 211** If a worker reports to the employer what the worker believes to be work related symptoms of a musculoskeletal injury, the employer must promptly
- (a) review the activities of that worker, and of other workers doing similar tasks, to identify work-related causes of the symptoms, if any, and
 - (b) take corrective measures to avoid further injuries if the causes of the symptoms are work related.